

Bosvigo School

Weekly Information Sheet

Tuesday 1st November

Dates and Events

Monday 7th November

Poppy Appeal Collection

Tuesday 8th November

Class 4 Pendennis Castle visit

Monday 14th November

Individual/Sibling School Photos
Odd Socks Day For Anti-Bullying Week

Tuesday 15th November

Class 3 Pendennis Castle visit

Thursday 17th November

Class 5 Pendennis Castle visit

Friday 18th November

Year 6 Sports Leader training at Penair School
PJ Day For Children in Need
Year 5 Museum Take Over Day

Wednesday 30th November

Movie Night

Friday 2nd December

Christmas Jumper Day
(chocolate/sweet donations)

Monday 5th December

Year 1 Hearing Screening Test
KS1 Nativity 6pm

Tuesday 6th December

KS1 Nativity 2pm & 6pm

Friday 9th December

Christmas Fair

Friday 16th December

End of Autumn term
(Normal finish time)

Stars of the Week

Last week's theme: Teacher's Choice

Class 1: Benji B, Elijah

Class 2: Nancy, Benji H

Class 3: Erin, Harrison, William

Class 4: Sayu, Reggie, Dottie

Class 5: Tia, Edward, Bodhi, Jackson, Ruby

Class 6: Diana, Harry

Class 7: Amy, Devadarsh, Charlie

Class 8: James, Seth, Frank, Asmaa

Class 9: Zach, Charlie, Harry

Class 10: Harley, Rosa, Alishba

Class 11: Emily, Dylan, William





Class 11 Bake Sale

Well done to Felix and Daniel for organising our first bake sale of the year. They collected a super range of cakes and raised an impressive £100 for Help the Homeless. Thank you to everyone who donated.

Classes 3, 4 and 5 visit Victoria Gardens

This week, Key Stage 1 enjoyed a trip to Victoria Gardens. Before the trip, the children used the maps skill taught in their Geography lessons to plan the quickest and safest route there. Once we arrived at the gardens, the children had some time to complete some observational sketches of the bandstand and water fountain.



Wave the Communicator's House Challenge

In the week before half term, all children got into their house teams to take on a challenge to build their communication skills. Working with children from different classes and year groups, the children were challenged to lead their blindfolded partner through an obstacle course using only carefully-worded instructions.

The challenge really made children think about the way to word their instructions and, whilst it was tough at times, all team members succeeded in completing the course both as communicator and follower.



GINGO



@ The Old Ale House

FRIDAY 18TH NOVEMBER

Eyes down at 8.30pm

£10

All proceeds to FOBSA

LOTS OF
GIN PRIZES

DABBERS
PROVIDED

TICKETS CAN BE
PURCHASED ON SCHOOL
GATEWAY

Ballet Classes in Truro

Nursery, Pre Primary &
Primary
Ballet Classes

All New Students
who registers and books a
Terms lessons will receive a
FREE pair of Ballet Shoes

booking is essential
Call 01872276365 or email
info@jasonthomasdance.co.uk



TRURO CITY COUNCIL'S

BONFIRE NIGHT 2022

Friday 4th November

Tremorvah Playing Field, Truro, TR1 1JX
Bonfire lit at 6pm, fireworks display at 6.30pm
Adult £3, Children (under 16) £1 - Cash only
Profits go to Invictus Trust
Refreshments available
Gates open at 5pm

visittruro.org.uk
f t i visittruro

Bonfire and firework display are weather permitting please check
@trurocitycouncil or @visittruro for up-to date information

TRURO CITY COUNCIL

With special thanks to
Stephens Scown

Scan for more info

General Kitchen Assistant Vacancies

We are looking for two General Kitchen Assistants to work 16 hours a week during the lunchtime period, approx. 3 hours a day 11-2.

1st - Monday to Friday - Term time only based in one of our Truro schools. (38 working weeks)

2nd - Monday to Friday - Term time only, as a Mobile Catering Assistant. Must be able to drive and have your own car. Traveling costs will be paid. (39 working weeks)

Duties

General kitchen duties as directed by the Catering Manager (making baguettes and sandwiches and light prep), washing up, serving the students their lunchtime meal, clearing tables and chairs etc.

You will work 38/39 weeks a year and also receive 4.8 weeks holiday pay.

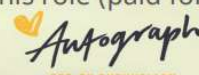
The money is then spread over 12 months so that you will receive a salary every month.

This type of position would suit a person who has children at school as it is term time only or a person looking for a job that has a lot of holidays.

Enhanced DBS needs to be completed for this role (paid for by us)

If you would like to join our team

Please Email: Katie.cooper@mitie.com



The Five Ways to Wellbeing

You've heard about **5 A Day** where everyone is encouraged to eat 5 portions of fruit and vegetables every day to keep your body fit and healthy...



...well, **The Five Ways to Wellbeing** are a great way to remind yourself, every day, what you can do to look after your emotional wellbeing and mental health.

Find time for YOU!

You're special. So it's important you take time for you and the people / things you love.

Each day, even when you're really busy with things like homework / revision, take time out to do something you enjoy just for fun. Play can help recharge your batteries and make your study more effective!



Connect

Connect with the people around you. With family, friends, and neighbours. At home, school or in your local community. Building connections will support you every day.



Get Moving

Moving makes you feel good! Science tells us that physical exercise changes the chemicals in your brain and releases happy hormones! Even better if you can get moving outdoors! The important thing is doing exercise and activity you ENJOY!



Give to others

Do something nice for a friend, help out home, thank someone, smile, volunteer your time, join a community group, look out, as well as in.

Any acts of kindness, whether small or large can make you feel happier and more satisfied about life.



Stop and take notice

Whether you are walking to school, eating lunch or talking to friends. Take a moment or two to be aware of the world around you and what you are feeling. Pausing to really take notice like this can be very relaxing and calming. Some people call this 'being Mindful' or 'Mindfulness'.




A photograph of a woman and a young child sitting at a wooden table. The woman is on the left, wearing a white knitted cardigan, and the child is on the right, wearing a dark blue sweater and jeans. They are both looking down at a map or a piece of paper on the table. The background is a dark wooden wall.

Does your child suffer with sleep issues?

Do you struggle
with your child's
bedtime?

Will your child
not sleep in
their own bed?

WE CAN HELP

A stylized white outline of a telephone handset, positioned to the left of the phone number.

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

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IN PARTNERSHIP WITH

Furniture
Village