

Bosvigo School

Weekly Information Sheet

Monday 17th October

Dates and Events

Monday 17th October

Class 4 to Victoria Gardens (pm)

Tuesday 18th October

Class 3 to Victoria Gardens (pm)

Thursday 20th October

Class 5 to Victoria Gardens (pm)

Change to lunch menu, please
re-book on Parent Pay

Friday 21st October

INSET day

Monday 24th – Friday 28th October

Autumn half term

Friday 4th November

Year 5/6 netball tournament at
Penair School

Tuesday 8th November

Class 4 Pendennis Castle visit

Monday 14th November

Individual/Sibling School Photos

Tuesday 15th November

Class 3 Pendennis Castle visit

Thursday 17th November

Class 5 Pendennis Castle visit

Friday 18th November

Year 6 Sports Leader training at
Penair School
PJ Day For Children In Need

Wednesday 30th November

Movie Night

Friday 16th December

End of Autumn term
(Normal finish time)

Stars of the Week

This week's theme: Perseverance

Class 1: Jayden, Quinn, Lucas

Class 2: Dougie, Annie

Class 3: Mehrsam, Otis, Lara

Class 4: Dominic, Davey, Maddy

Class 5: Jude, Ahmed, Emma, Ellie

Class 6: Olivia, Grace, Kai

Class 7: Bella Sc, Connie

Class 8: Kylan, Evan, Bodhi

Class 9: Sophie, Lowyn W, Lola, Albee

Class 10: Tom M, Lily, Bella

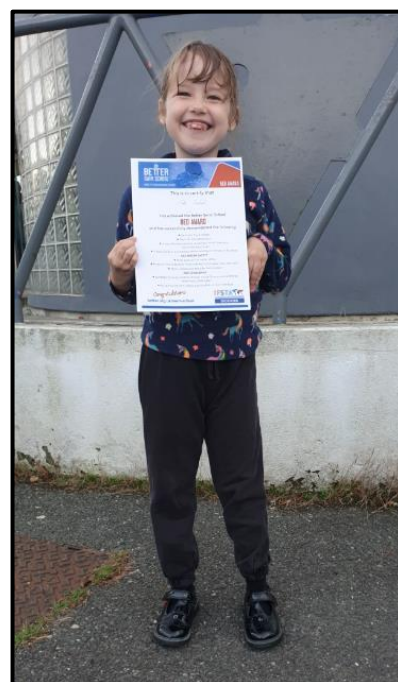
Class 11: Pai, Telia, Freya

Congratulations!

In the spirit of last week's theme of perseverance, we are delighted to share the news that Bella from Class 7 has achieved the Red Award for swimming and has moved to the Amber group.

It has taken Bella three years to make it this far and she has shown wonderful resilience and enthusiasm to get there.

Well done Bella!



Victory for Bosvigo!

A huge congratulations to our Year 6 mixed football team, who on Friday won the Truro Schools Mixed Football Festival at Truro College. Our team played five matches against some excellent opposition, but were brilliant throughout, winning all five matches, scoring eight goals and conceding none. They played with a wonderful team spirit and showed fantastic sportsmanship throughout.



Year 5 Richard Lander Music Workshop

On Tuesday 11th October, our Year 5 children had the opportunity to attend a Music Transition morning at Richard Lander School. Everyone enjoyed a wonderful experience playing African drums and learning to perform samba and gamelan styles of music.



Class 11 Bake Sale

Thank you to Class 11 for organising our first bake sale of the year. They collected a super range of cakes and raised an impressive £100 for Help the Homeless. Well done Year 6!

Year 6 Sailing at Percuil

Our first summer of sailing draws to a close this week, but what a brilliant experience it has been! The children have learned how to set up their boats and sail them in all directions in both breezy and still conditions and when the conditions haven't suited sailing, they have kayaked upriver and been amazed by the local wildlife – herons, cormorants, kingfishers, as well as crabs, oysters and other crustaceans.

We would like to say a big 'thank you' to Bob and his lovely staff at Roseland Paddle and Sail for making us so welcome and teaching us so much.

Our sailing programme will resume next summer for our current Year 5 cohort.



Porthtowan Players Youth Group Presents

**CHITTY CHITTY
BANG BANG
JR.**



Porthtowan Village Hall

Wednesday 26th - Saturday 29th October 2022
7.30pm & Saturday Matinee 2.30pm

Tickets: £8 Standard · £6 Seniors / 16 & under



Online Box Office
www.porthtowanplayers.com
Tel: 07872 449168



Music and Lyrics by Richard M. Sherman and Robert B. Sherman
Music by Special Arrangement with Sony/ATV Publishing · Adapted for the Stage by **Jeremy Sams**
Based on the MGM Motion Picture · Licensed Script Adapted by Ray Roderick
Chitty Chitty Bang Bang JR. is presented through special arrangement with and all authorised
materials are supplied by Music Theatre International, New York, NY (212) 541-4684 mtishows.com

Amelie, Ostara and Erin in Year 5 are all performing in Porthtowan Players' production of *Chitty Chitty Bang Bang JR* from 26th to 29th October. Class 9's Aether and Class 6's Harvey are also part of the production, assisting behind the scenes. Tickets are available from www.porthtowanplayers.com

Hauntlands Screamfest Kids

Saturday
22nd October
2pm-5pm



Tickets £8 per child
Accompanying adult free

Trick or treat your way around
our Halloween scream zone and
meet some of your favourite
spooky characters

Tickets include scream zone,
wicked activities, ghoulish
games and a best dressed
competition



heartlandscornwall.com 01209 707300 Heartlands, Dudnance Lane, Redruth TR15 3FB

Full event details
including T&C's can
be found online

Train to Teach

Join our online information session

Primary (3-7, 5-11)

20th Oct 4-5pm

[Click here to book](#)

www.cornwallscitt.org

GREAT NEWS!

Your child has shown an interest in learning a musical instrument, having vocal lessons or joining an ensemble that will be provided by CMST.

In order that we can get your child's music journey under way please go to our website to find out more and to sign up for your musical sessions.

Hear Music.
Learn Music.
Play Music.

Sign Up at:
CMST.co.uk/signup

For more information
head to:
CMST.co.uk/learnmore

CMST
ILOW RAG OIL



Scan Me



Bark Run!

The most barked about event of the year for our paw-some supporters and two legged friends.

Sign up to our bespoke
5k walk/run

Around the gardens,
woodland and private
parkland of National Trust

Trelissick, Feock
Sunday 30th October
9:00am



visit: cornwallmind.org



With thanks to our event partners
Rosemullion Vets and the National Trust.
In conjunction with Truro Boscawen
Rotary Club.



Take the lead

and join the fight for better mental health!

 mind Cornwall

NEXT HOME GAME

UNDER 15'S IN FANCY DRESS GET IN FOR FREE!

#COYP

U-SAMURAI
PIRATES

HEMINGWAYS
KENYA

CHAMPIONSHIP
RUGBY

PIRATES V LONDON SCOTTISH

THE MENNAYE | KO 14:30 | SAT 29 OCT

KIDS HALLOWEEN
FUN DAY

Ballet Classes in Truro

Nursery, Pre Primary &
Primary
Ballet Classes

All New Students
who registers and books a
Terms lessons will receive a
FREE pair of Ballet Shoes

booking is essential
Call 01872276365 or email
info@jasonthomasdance.co.uk



TRURO CITY COUNCIL'S

BONFIRE NIGHT 2022

Friday 4th November

Tremorvah Playing Field, Truro, TR1 1JX
Bonfire lit at 6pm, fireworks display at 6.30pm
Adult £3, Children (under 16) £1 - Cash only
Profits go to Invictus Trust
Refreshments available
Gates open at 5pm

visittruro.org.uk
f t i visittruro

Bonfire and firework display are weather permitting please check
@trurocitycouncil or @visittruro for up-to date information

TRURO CITY COUNCIL

With special thanks to
Stephens Scown

Scan for
more info

General Kitchen Assistant Vacancies

We are looking for two General Kitchen Assistants to work 16 hours a week during the lunchtime period, approx. 3 hours a day 11-2.

1st - Monday to Friday - Term time only based in one of our Truro schools. (38 working weeks)

2nd - Monday to Friday - Term time only, as a Mobile Catering Assistant. Must be able to drive and have your own car. Traveling costs will be paid. (39 working weeks)

Duties

General kitchen duties as directed by the Catering Manager (making baguettes and sandwiches and light prep), washing up, serving the students their lunchtime meal, clearing tables and chairs etc.

You will work 38/39 weeks a year and also receive 4.8 weeks holiday pay.

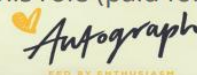
The money is then spread over 12 months so that you will receive a salary every month.

This type of position would suit a person who has children at school as it is term time only or a person looking for a job that has a lot of holidays.

Enhanced DBS needs to be completed for this role (paid for by us)

If you would like to join our team

Please Email: Katie.cooper@mitie.com



The Five Ways to Wellbeing

You've heard about **5 A Day** where everyone is encouraged to eat 5 portions of fruit and vegetables every day to keep your body fit and healthy...



...well, **The Five Ways to Wellbeing** are a great way to remind yourself, every day, what you can do to look after your emotional wellbeing and mental health.

Find time for YOU!

You're special. So it's important you take time for you and the people / things you love.

Each day, even when you're really busy with things like homework / revision, take time out do something you enjoy just for fun. Play can help recharge your batteries and make your study more effective!



Connect

Connect with the people around you. With family, friends, and neighbours. At home, school or in your local community. Building connections will support you every day.



Get Moving

Moving makes you feel good! Science tells us that physical exercise changes the chemicals in your brain and releases happy hormones! Even better if you can get moving outdoors! The important thing is doing exercise and activity you ENJOY!



Give to others

Do something nice for a friend, help out home, thank someone, smile, volunteer your time, join a community group, look out, as well as in.

Any acts of kindness, whether small or large can make you feel happier and more satisfied about life.



Stop and take notice

Whether you are walking to school, eating lunch or talking to friends. Take a moment or two to be aware of the world around you and what you are feeling. Pausing to really take notice like this can be very relaxing and calming. Some people call this 'being Mindful' or 'Mindfulness'.







OCTOBER HALF-TERM ROADSHOWS

WEST CORNWALL 2022 | OCTOBER

FALMOUTH SPORTS HUB

Football - 24th
Girls Only - 26th
Halloween Special - 28th

ST AGNES FC

Football - 24th

PENRICE ACADEMY, ST AUSTELL

Football - 25th

TREVIGLAS ACADEMY, NEWQUAY

Football - 25th

CARN BREA LEISURE CENTRE

Football - 26th

HELSTON FC

Football - 27th

ST DAY FC

Football - 27th

PENZANCE

Halloween Special - 28th

BOOK
NOW!

9.30am-3.30pm | Boys & Girls
Aged 5-15 | All abilities

Book now 01752 562561 ext. 6
argylecommunitytrust.co.uk

LEARN. PLAY. SUCCEED

A photograph of a woman and a young child sitting at a wooden table. The woman, on the left, is wearing a white cardigan over a white top. The child, on the right, is wearing a dark blue sweater and jeans. They are both looking down at a map or a piece of paper on the table. The background is a wooden wall.

Does your child suffer with sleep issues?

Do you struggle
with your child's
bedtime?

Will your child
not sleep in
their own bed?

WE CAN HELP

A white line-art icon of a telephone handset, positioned to the left of the phone number.

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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IN PARTNERSHIP WITH

Furniture
Village