

# Bosvigo School

## Weekly Information Sheet

10th February 2023

### SPRING TERM DATES

**13<sup>th</sup> – 17<sup>th</sup> February:** Half Term

**22<sup>nd</sup> February:** Girl Guides World Thinking Day. Members of Rainbows, Brownies, Guides, Rangers and Young Leaders are invited to wear their uniform on this day.

Year 2 Camp Meeting in Class 4 at 3:20pm

27<sup>th</sup> February – 3<sup>rd</sup> March: Parent/Teacher Meetings

Class 8 to have their meetings later in the term

**2<sup>nd</sup> March:** World Book Day

**31<sup>st</sup> March:** Last Day of Term

### CAMP DATES FOR 2023

**Year 1 – Tomperrow**  
29<sup>th</sup> June – 30<sup>th</sup> June 2023

**Year 2 Camp – St. Ives**  
15<sup>th</sup> March - 17<sup>th</sup> March 2023

**Year 3 Camp - BF Adventure**  
10<sup>th</sup> May – 12<sup>th</sup> May 2023

**Year 4 – Porthpean**  
17<sup>th</sup> May – 19<sup>th</sup> May 2023

**Year 5 – London**  
5<sup>th</sup> June – 8<sup>th</sup> June 2023

**Year 6 - Isles Of Scilly**  
17<sup>th</sup> July – 21<sup>st</sup> July 2023

### STARS OF THE WEEK: 20.01.23

**Theme: Kindness**

Class 1: Whole class

Class 2: Wilbur, Nancy

Class 3: Theo Beresford, Taylor, Harrison Moore,  
Lorna, Zara, Alex

Class 4: Delna, Maddy, Oscar, Ryan, Tommy

Class 5: Jude, Ahsam, Bodhi, Jack, Ruby C, Ruby P

Class 6: Olivia, Ali, Willow

Class 7: Quin, Jago, Christo, Finn,

Class 8: Iris, Asmaa

Class 9: Sid, Lola, Pearl

Class 10: Erin, Benji, Rosa

Class 11: Dylan, Oscar, Leo, William

[https://www.justgiving.com/fundraising/Agnieszka-Buko-Zeluk?utm\\_source=Sharethis&utm\\_medium=fundraising&utm\\_content=Agnieszka-Buko-Zeluk&utm\\_campaign=pfp-email&utm\\_term=6d38c5ff440d4c31a4c5c61113f8069a](https://www.justgiving.com/fundraising/Agnieszka-Buko-Zeluk?utm_source=Sharethis&utm_medium=fundraising&utm_content=Agnieszka-Buko-Zeluk&utm_campaign=pfp-email&utm_term=6d38c5ff440d4c31a4c5c61113f8069a)

Nel in Class 9 is cutting her hair and donating it to The Little Princess Trust who make wigs for children who have lost their hair through cancer treatment or other conditions. If you would like to donate to her

Just Giving page please see the link above.

Well done Nel!

## UKS2 ARTWORK

This term UKS2 have thoroughly enjoyed studying Megan Coyle, and their hard work can definitely be seen in these beautiful collages!



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### **CROSS COUNTRY AT PENAIR SCHOOL**

Last Friday we took an incredible 55 children from Key Stage 2 to take part in the annual cross-country race at Penair School. Not all the children were seasoned runners, but everyone gave their best and we were delighted to see every member of the team complete their race.

We had eight runners qualify for the next round of competition in Helston on 20<sup>th</sup> March, including a 3<sup>rd</sup> place finish for Maisie in the Year 4 girls race, a 2<sup>nd</sup> place finish for Conor in the Year 6 boys race and a 1<sup>st</sup> place finish for Klara in the Year 4 girls race.

### **EYFS WEEKLY FOREST SCHOOL**

At this week's Forest School Foundation Stage walked to Victoria Gardens and saw some squirrels before having a play in the park. After homemade sandwiches, they did some woodwork and pizza making!



## LKS2 ANCIENT EGYPTIAN ARTWORK

LKS2 have been investigating the style, pattern and characteristics of Ancient Egyptian art. They made a modern-day version of papyrus paper and used it to make an Egyptian scroll.



### **PENAIR PERFORM MARY POPPINS FOR CLASS 9**

Class 9 were very lucky to be invited to Penair this week, along with other local schools, to see students perform Mary Poppins.

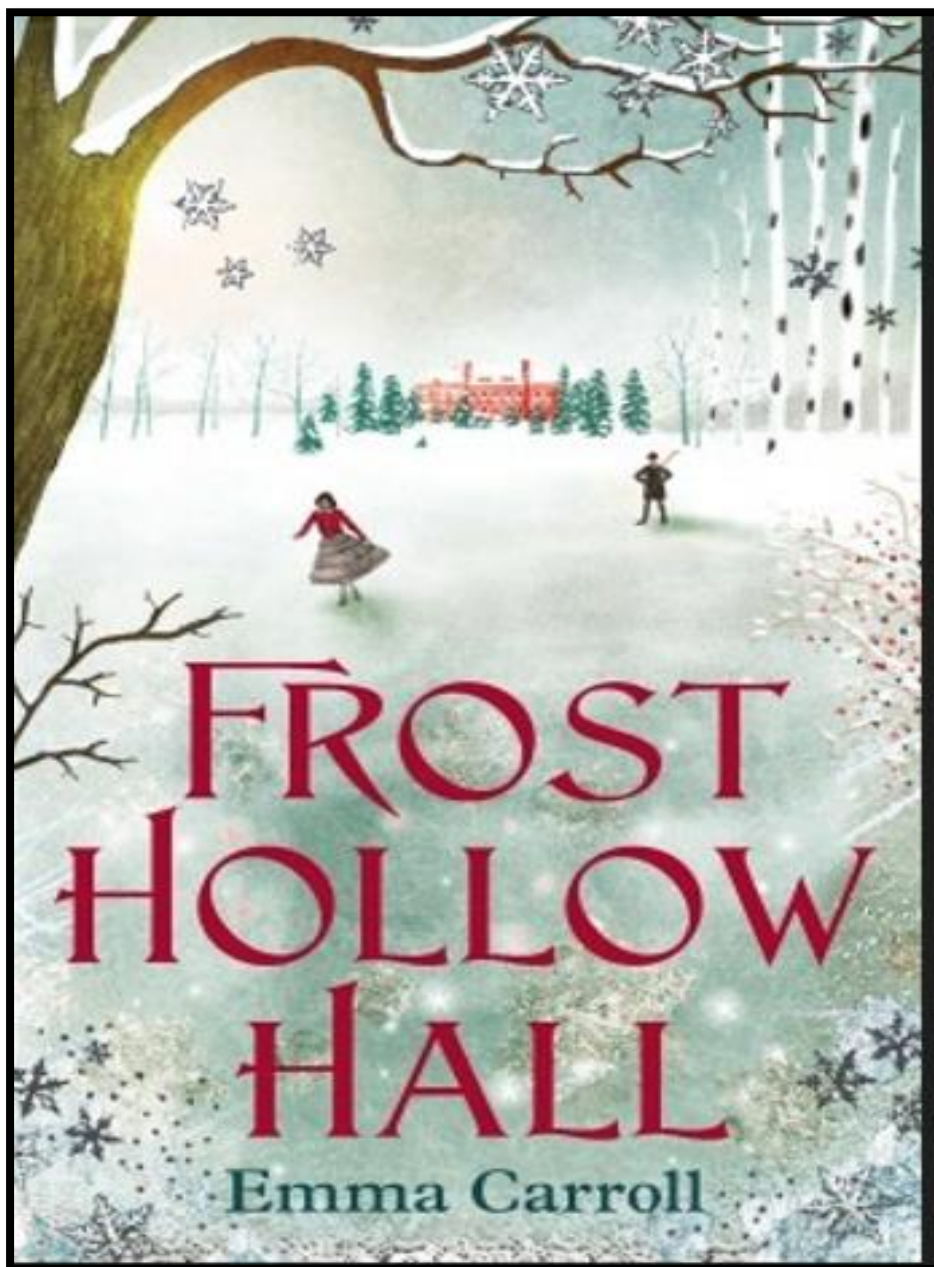


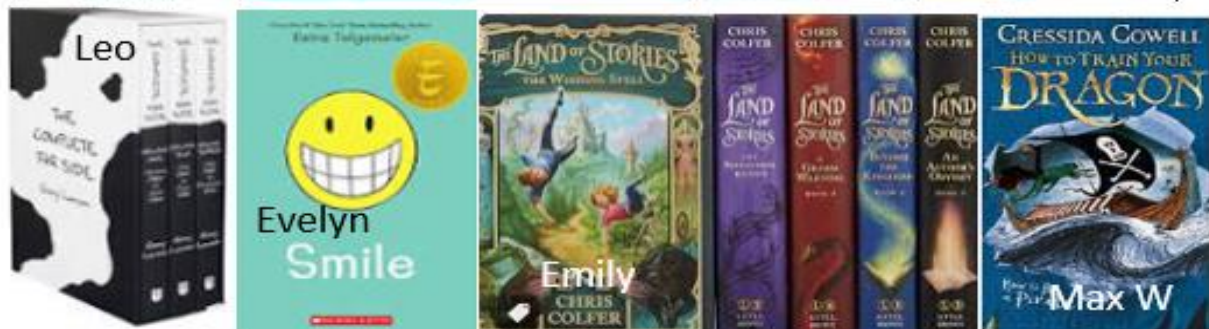
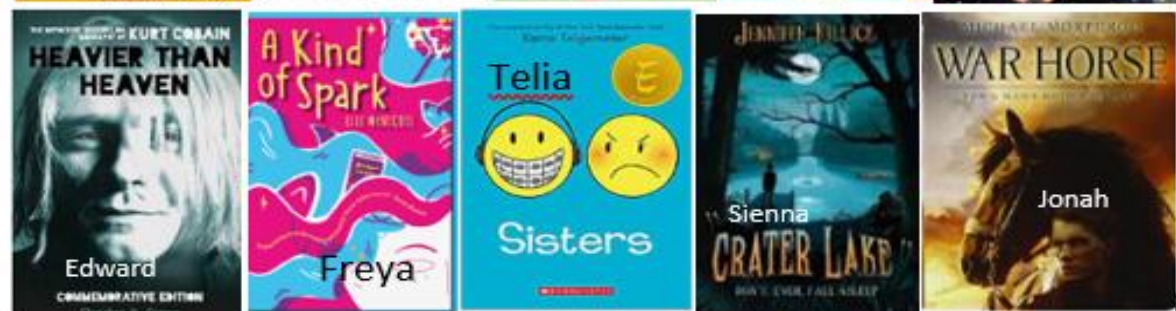


### MISS KEANE'S WEEKLY BOOK REVIEW

In this fast moving mystery we follow the feisty, adorable Tilly on her great adventure in Frost Hollow Hall - the house which is haunted by more than one ghost and where many tragic secrets hide.

The story is thrilling and full of excitement with a cast of well-drawn characters. But rather than being too mawkish (despite some scenes which are desperately sad, not to mention the spine tingling moments) this is a book about letting go - setting free the living and the dead so that those left behind can carry on, to find their own way and happiness. I enjoyed every page.





Class 11 have recommended  
their favourite book to read  
over the holidays.

Happy reading!





# WORLD BOOK DAY

2 MARCH 2023



To celebrate this special day, we warmly welcome children to come to school dressed as a character from a book.

All children will be given a book token which can be swapped for a World Book Day book at your local bookseller.

Classes 3 - 11 will enjoy a visit from local author, Justyn Edwards, who will share snippets from his book 'The Great Fox Illusion'.

Children in Classes 1 and 2 will take a trip to Waterstones where they will experience a storytelling session!



Inspiring Women Network is a diverse, women-led community initiative based in Truro. It's aim is to connect, inspire and empower women to thrive and achieve their unique potential in an affirming and inclusive space. We do this by providing creative, wellbeing, and self-development workshops, activities, and events all of which improve women's mental health and aspirations.

The sessions are free with activities including making mandala patterns and yoga workshops. Women from minority ethnic backgrounds are encouraged to join. Tea, coffee and cakes will also be provided for free.

**FREE**

# **COFFEE & CRAFTS SESSION**

**PLUS YOGA!**

**FREE**

Join us for a FREE craft and yoga session at Bosvigo School 1-3pm!



**January 19th and February  
23rd  
1-3PM**

ALL women welcome, and we encourage women from Minoritised Ethnic backgrounds to join us.

Tea, coffee and cake will be provided.

[contact@inspiringwomennetwork.co.uk](mailto:contact@inspiringwomennetwork.co.uk)  
[www.inspiringwomennetwork.co.uk](http://www.inspiringwomennetwork.co.uk)

**INSPIRING  
WOMEN  
NETWORK**



# LET'S CONNECT



## TIPS FOR PARENTS AND CARERS

Dear parents and carers,

6 - 12 February 2023 is Children's Mental Health Week. The week is run by children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year's theme is Let's Connect.

### WHAT'S IT ALL ABOUT?

Let's Connect is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

### WHAT CAN YOU DO?

Here are a few simple ways you can connect with your child and help them to make meaningful connections.

#### 1. Connect with your child in everyday ways

Moments of connection (and re-connection) are really important in child-caregiver relationships. For example, when you pick them up from school, or come in from work, try to give them your full attention and see if this helps you feel better connected as you hug, talk, smile and hear about their day. Watching your child play and joining in is really important to them – so put your phone away and have a bit of fun – being playful is good for adults, too!

With your older child, you may find times such as car journeys a good time to talk, or to re-connect by playing music you both like. It is important to be accessible to a teenager when they need to talk. You may have to be there 'on their terms' and be ready to listen.

#### 2. Talk to your child about important connections

This could include talking about family members, friends, neighbours, childminders, people in the local community and others in your faith group (if you have one). Remember it's ok to talk about people they miss, for example, family members who live in a different country or people who have died.

Children learn a lot from their parents about how to express their feelings, including the joy that comes with feeling connected to others and the sadness that comes with missing others.

#### 3. Talk to your child about their friends

As children become teenagers, their friendship groups become increasingly important to them. Be open to hearing about their friendships and try to listen without judgement.

#ChildrensMentalHealthWeek

# LET'S CONNECT



Ask them about their life in real life and online. You may not think online friends are 'real friends', but your child may feel differently. Losing friends, feeling left out or being bullied is very painful and your child needs to know you will support them through these difficult times.

#### 4. Connect by taking an interest in your child's world

As adults we can sometimes be dismissive of the things that our children and teenagers are interested in, e.g. their music, fashion, what they watch etc. If you do take an interest in these things, however, you may feel better connected to your child and the important things in their world. This can lead to other conversations about other things in their lives that matter to them.

#### 5. Find time to connect as a family

Family life can become busy and stressful, so it's important to find some time where you connect together. This could include simple things like cooking, watching a film, playing a game, going to the park or even doing the family shop together.

#### 6. Try to resolve conflict and re-connect after arguments

Arguments and moments of disconnection are bound to happen in families - between your children, between yourself and your children and between yourself and your partner, if you have one. It is important that children learn how to disagree in appropriate ways, how to say sorry and how to make amends when they have done something wrong. They will learn a lot about how to do these things from you - so try to model the behaviour you want to see in your children. Talk to them about how to re-connect with friends after arguments including what they can do to help repair relationships.

### Video activities from Place2Be

**Puzzle Pieces** - aimed at 4-7 year olds, this activity is presented by CBBC's Art Ninja, Ricky Martin, and will show children how we are all connected. Why not take part as a family? [childrensmentalhealthweek.org.uk/puzzlepieces](https://childrensmentalhealthweek.org.uk/puzzlepieces)

**Connecting Paperchains** - developed by Place2Be's Art Room team for 7-11 year olds, this activity helps children think about the people, things and activities they feel connected to. [childrensmentalhealthweek.org.uk/paperchains](https://childrensmentalhealthweek.org.uk/paperchains)

**Exchanging Postcards** - developed by Place2Be's Art Room team for 11-14 year olds, this activity encourages young people to explore what connection means to them. [childrensmentalhealthweek.org.uk/postcards](https://childrensmentalhealthweek.org.uk/postcards)

### Looking for free practical advice to help you support your child?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. [parentingsmart.org.uk](https://parentingsmart.org.uk)

**Let your child know that if they are worried about something, they should always talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.**

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website: [place2be.org.uk/help](https://place2be.org.uk/help)

[childrensmentalhealthweek.org.uk](https://childrensmentalhealthweek.org.uk)



FRIENDS OF THE  
SANCTUARY



Cornish Seal  
Sanctuary

# LOCAL ANNUAL PASS

## MEMBERSHIP INCLUDES:

12 MONTHS RE-ENTRY  
20% OFF IN THE CAFE  
20% OFF RETAIL

Purchase online  
or on your visit to  
the Cornish Seal  
Sanctuary



To thank you for your continued support, we're bringing back our discounted Friends of the Sanctuary Membership for 2023!

**£14.50 per adult and £11.50 per child** for 12 months entry!

(Only available to residents with TR, PL and EX postcodes. Proof of address will be required.  
Available until 28th February 2023)

## SEAL PUP MANIA!

Dive into an ocean of fun this  
February half term!



### Stories with Seals

Join Lily the Seal in our underwater viewing area for a special daily reading of 'Stardust' - a story all about a pup caught in hard times!

### Weigh the Pup competition

Take part in our new competition to guess the weight of the pup in our hospital! Donate £1 and the closest winner will land a special prize.

### Conservation Club (13th - 15th Feb, £120pp)

Discover a whole new world when you learn about our marine residents, seal pup rescue, conservation and more with this 3-day club. To book, call 01326 221361.



# **ST. PIRAN'S DAY CELEBRATIONS SATURDAY 4<sup>TH</sup> MARCH 2023**

## **PARADE**

All welcome to participate or watch

## **SHOP WINDOW COMPETITION**

Judged by the Mayor of Truro and Truro's Town Crier

## **CHILDREN'S ACTIVITIES**

Including drop-in crafts at Truro Library

## **TRURO FARMERS MARKET**

A St Piran's Market, featuring live  
music and vintage tractors

## **FREE ACTIVITY SHEETS**

Available to collect from Truro Community  
Library and the Visitor Information Centre

## **PASTY MAKING COMPETITION**

Prizes for the best pasties

For further details visit

 **@visitttruro**



**VISIT TRURO**



**SCAN  
FOR  
INFO**



# MALABAR, TRURO

## OASIS GROUP



Are you the parent/carer/grandparent of a child/young person between 0-25 with a disability/additional need? If so, join us for a cuppa and chat with other parent/carers in a similar situation and share your experiences.

**Meetings are Tuesdays**  
**10th Jan, 7th Feb,**  
**7th Mar, 18th Apr**  
from 9.30am – 11.30am



at New Beginnings Community Centre, Albany Rd, Truro. TR1 3ND



For further information please contact  
[friendsofface2face@gmail.com](mailto:friendsofface2face@gmail.com)

OR find us on facebook at

FRIENDS OF FACE2FACE CORNWALL



**Cornwall  
Cricket**



SCAN THE QR CODE  
TO REGISTER

# GIRLS CRICKET 2023

## REGISTER TO PLAY!

OPEN TO AGES 7-18 | ALL ABILITIES WELCOME

FOLLOWING THE REGISTRATION PHASE ALL PLAYERS WILL BE GROUPED  
INTO GEOGRAPHICAL TEAMS TO PLAY FIXTURES IN THE SUMMER

CONTACT KELLIE WILLIAMS FOR MORE INFORMATION:  
[wgdo@cornwallcricket.co.uk](mailto:wgdo@cornwallcricket.co.uk)



Sponsored by:






**The brightest fun run for everyone!**

**Saturday 17 June 2023 ☺ RAF St Mawgan, Newquay**  
 Visit [www.chsw.org.uk/rainbow](http://www.chsw.org.uk/rainbow) to sign up

**Register early for discounted tickets**  
 You can also take part virtually!

 Making the most of short and precious lives across the South West  
 Registered Charity No. 1009314



**Porthtowan Players Proudly Presents**

# Jack & the Beanstalk

Weds 15th - Sat 18th  
 February at 7.30pm  
 (Sat matinee 2.30pm)

**Tickets £8 Standard  
 £6 Concessions**




Box Office



**Jack and the Beanstalk!**  
 By Logan Fox

**Ticket sales from  
 Weds performance for  
 British Heart Foundation**





Tel: 07872 449168  
[www.porthtowanplayers.com](http://www.porthtowanplayers.com)





**SATURDAYS 10AM IN TERM TIME**

Every Saturday during term time Truro City Youth FC run a fun football session for all children from Reception age to year 6. Its pay as you play so no contract. We are all about inclusivity regardless of ability at TCYFC, it's all about having FUN!!!!

We rely on volunteers, so if a parent can help, fantastic!!! We can always do with a spare pair of hands on and off the pitch.

It's of course weather dependent, so 'like' our Facebook page and keep an eye out for updates. There's a helpful FAQ section at the bottom of the about tab

All the children need is suitable footwear, shinpads and a drink.

**More details on our website and Facebook page.**

**See you on the Astro**

**TCYFC COMMUNITY FOOTBALL PROGRAMME**

**PAY AS YOU GO  
 £3.50 A SESSION**

**FA QUALIFIED, FIRST AID TRAINED AND DBS CHECKED COACHES**

**10AM-11AM  
 REC YR & YR 1  
 10AM-11:30AM  
 YR2 TO YR6**

**CHANCE FOR PARENTS TO HELP COACH**

**TRURO CITY YOUTH FC**  
 Penair School Astro  
 Truro TR1 1TN  
[www.trurocityyouthfootballclub.co.uk](http://www.trurocityyouthfootballclub.co.uk)  
 Saturdays 10am -1130am



# FEBRUARY HALF-TERM HOLIDAY COURSES

ACROSS THE SOUTH WEST...



FOR ALL CHILDREN AGED 2-12 YEARS

PRIZES & GIVEAWAYS

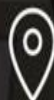
EARLY DROP OFF-AVAILABLE

## THE INFO...



10AM-3PM

(9AM EARLY DROP-OFF AVAILABLE)



DEVON, SOMERSET & CORNWALL  
(AT VARIOUS LOCATIONS)



£18.00



FEBRUARY 2022



SCAN ME

[WWW.SAINTSSOUTHWEST.CO.UK](http://WWW.SAINTSSOUTHWEST.CO.UK)

#SAINTSSW





# TRURO CITY YOUTH FC GIRLS WILDCATS



Are you aged 5-11 and looking for a fun way to get involved in football? Then look no further! Come and join us at 9am on Saturdays at Penair School Astro Pitch and give it a go. Scan the QR code to book.



We all start  
somewhere...



Where will your  
future take you?

